Franklin®

BOOKMAN®

EXPANDABLE ELECTRONIC BOOK

The PDR® Family Guide to Prescription Drugs®

USER'S GUIDE

CDR-440

License Agreement

READ THIS LICENSE AGREEMENT BEFORE USING ANY BOOKMAN ELECTRONIC BOOK.

YOUR USE OF THE BOOKMAN ELECTRONIC BOOK DEEMS THAT YOU ACCEPT THE TERMS OF THIS LICENSE. IF YOU DO NOT AGREE WITH THESE TERMS, YOU MAY RETURN THIS PACKAGE WITH PURCHASE RECEIPT TO THE DEALER FROM WHICH YOU PURCHASED THE BOOKMAN ELECTRONIC BOOK AND YOUR PURCHASE PRICE WILL BE REFUNDED. BOOKMAN ELECTRONIC BOOK means the software product, hardware, and documentation found in this package and FRANKLIN means Franklin Electronic Publishers, Inc.

LIMITED USE LICENSE

All rights in the BOOKMAN ELECTRONIC BOOK remain the property of FRANKLIN. Through your purchase, FRANKLIN grants you a personal and non-exclusive license to use the BOOKMAN ELECTRONIC BOOK on a single FRANKLIN BOOKMAN at a time. You may not make any copies of the BOOKMAN ELECTRONIC BOOK or of the preprogrammed data stored therein, whether in electronic or print format. Such copying would be in violation of applicable copyright laws. Further, you may not modify, adapt, disassemble, decompile, translate, create derivative works of, or in any way reverse engineer the BOOKMAN ELECTRONIC BOOK. You may not export or reexport, directly or indirectly, the BOOKMAN ELECTRONIC BOOK without compliance with appropriate governmental regulations. The BOOKMAN ELECTRONIC BOOK contains Franklin's confidential and propriety information which you agree to take adequate steps to protect from unauthorized disclosure or use. This license is effective until terminated. This license terminates immediately without notice from FRANKLIN if you fail to comply with any provision of this license.

Contents

Welcome to the world of BOOK-MAN®! Using your new *PDR® Family Guide to Prescription Drugs®* book card, you can find important information about more than 850 brand name and generic drugs.

You can also read 23 informative health overviews, plus useful medical safety tips. To learn how to use this electronic book, simply follow the steps in this User's Guide.

Key Guide

Color Keys

(red) Displays the Drugs menu. `DRUG`

(green) Displays the Health Overviews menu. `HEALTH`

(yellow) Displays the Medical Safety Tips menu. `TIPS`

(blue) Displays and clears the word search screen. `SEARCH`

Function Keys

`BACK` Backs up to the previous screen.

`CAP` Shifts keys to type capitals and punctuation.

`CARD` Exits the selected book.

`CLEAR` Clears a word search and highlights the Contents menu.

`ENTER` Selects a menu item, starts a word search, or highlights a word in the text.

`HELP` Displays help messages.

`MENU` Toggles between the main menus and text.

[1] *Hold* `☆` *while pressing the other key*

`ON/OFF` Turns your BOOKMAN on or off.

`?*` At a menu, displays the full title of an item. At text, displays the Outline Location. Shifted, types an asterisk to stand for a series of letters in a word.

Direction Keys

↑ ⬇ Scroll line by line.

`DN`/`UP` Scroll screen by screen.

`SPACE` Page down.

Key Combinations[1]

`☆` + `DN` or `UP` At text, go the next or previous section.

`CAP` + ↑ or ⬇ At a menu, go to the top or bottom item. At text, go the next or previous section.

`☆` + `BACK` From a submenu, go back to the main menus.

`☆` + `CARD` Send a highlighted word between books.

`☆` + `ENTER` From a highlighted drug name on the Drugs menu, go directly to its drug profile.

2

Installing the Batteries

Quick Keys[2]

- (D) Go to the *Dosage* section.
- (E) Go to the *Side Effects* section.
- (F) Go to the *Most Important Fact* section.
- (G) Go to the *General* section.
- (I) Go to the *Food and Drug Interactions* section.
- (N) Go to the *Do Not Take If* section.
- (O) Go to the *Overdosage* section.
- (P) Go to the *Prescribed For* section.
- (S) Go to the *Use in Pregnancy or Breastfeeding* section.
- (T) Go to the *How to Take* section.
- (W) Go to the *Special Warnings* section.

Your BOOKMAN 440 model requires two CR2032, 3-volt batteries. Here is how to install or replace them.

Warning: When the batteries lose power or are removed from your BOOKMAN, information that you entered in its built-in book and in an installed book card will be erased.

1. **Turn your BOOKMAN over.**
2. **Slide off its battery cover in the direction of the triangle.**
3. **Install the batteries with their plus signs facing you.**
4. **Replace the battery cover.**

➤ About Screen Illustrations

Some screen illustrations in this User's Guide may differ from what you see on screen. This doesn't mean that your BOOKMAN is malfunctioning.

[2]*The Quick keys perform these functions only when you're reading a drug profile.*

Installing a Book Card

Warning: Never install or remove a book card when your BOOKMAN is turned on. If you do, information that you've entered in its built-in book, as well as in any other installed book cards, will be erased.

1. **Turn your BOOKMAN off.**
2. **Turn your BOOKMAN over.**
3. **Align the tabs of the book card with the notches in the slot.**

4. **Press the book card down until it snaps into place.**

➤ Removing a Book Card

Warning: When you remove a book card to install another, information that you entered in the removed book card will be erased.

Selecting a Book

If you've installed a book card in your BOOKMAN, you can select which book you want to use. Follow these steps.

1. **Turn your BOOKMAN on.**
2. **Press** `CARD`**.**

3. **Press** ⇨ **or** ⇦ **to highlight a book symbol.**

4. **Press** `ENTER` **to select it.**

➤ Resuming Where You Left Off

You can turn off your BOOKMAN at any time. When you turn on your BOOKMAN again, the screen that you last viewed appears.

Using the Color Keys

The red, green, yellow, and blue keys on the top row of the BOOKMAN keyboard change their functions according to which book you're currently using.

If you're using the built-in book, the color keys function as labeled on the BOOKMAN keyboard. If you're using an installed book card, the color keys function as labeled on that card.
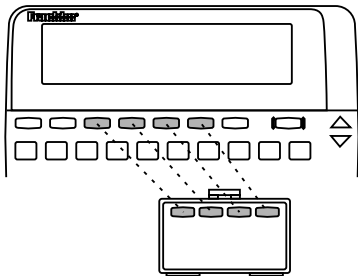
Remember, when you're using a book card, the color keys function as labeled on that card, not as on the keyboard.

Viewing a Demonstration

You may want to see a brief demonstration of how to use this book. Simply install the book card and then follow these steps.

1. **Press (CLEAR).**
2. **Use the arrow keys to highlight the Setup menu.**
3. **Press ⬇ to highlight *View Demo.***

4. **Press (ENTER).**
5. **To stop the demonstration, press (CLEAR).**

> ### Help is Always at Hand

  You can see an appropriate help message at virtually any screen by pressing (HELP). Press ⬇ or ▽ to read the message. Press (BACK) to exit it.

  To read a tutorial about how to use this book, select *Tutorial* from the Setup menu.

5

Changing the Settings

Using the Setup menu, you can adjust the type size, shutoff time, and screen contrast.

The type size sets how large the characters appear on screen. The shutoff time sets how long your BOOKMAN stays on if you forget to turn it off. The screen contrast sets how light or dark the screen appears.

1. Press (CLEAR).

2. **Use the arrow keys to highlight *Set Type Size, Set Shutoff*, or *Set Contrast* on the Setup menu.**

```
CONTENTS    INDEX    SETUP
            COPYRIGHT
            SET TYPE SIZE >
```

A slanted arrow indicates a submenu.

3. Press (ENTER).

4. Press ⇧ or ⇩ to highlight a new setting.

To leave the setting unchanged, press (BACK).

5. Press (ENTER) to select it.

Looking up a Drug

If you know the brand or generic name of a drug, here's how to find its drug profile.

1. Press (DRUG) (the red key).

Or highlight *Drugs* on the Contents menu and then press (ENTER).

2. Type a brand or generic drug name. For example, type *Tylenol*.

```
DRUGS
TYLENOL
TYLENOL WITH CODEINE
```

To undo a letter, press (BACK).

3. When the drug is highlighted, press (ENTER).

```
TYLENOL
GENERAL
PRESCRIBED FOR
```
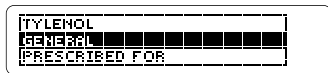
4. Highlight a section and then press (ENTER).

```
General
Pronounced: TIE-len-all
Generic name: Acetaminophen
```
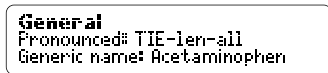
This is the drug profile for *Tylenol*.

Reading a Drug Profile

> What Is Arthritis?
> "Arthritis" literally means
> "inflamed joints." It is an

6. Use ⬇ or ▽ to scroll down.

7. Hold ☆ and press ▽ or ⬆ to go to the next or previous section.

> How Do We Treat
> Arthritis?
> Introduction

8. Press CLEAR when done.

You can also read medical safety tips about Poison Control Centers, safe medication use, alcohol- or sugar-free drugs, drugs that cause a reaction to sunlight, and recommended vaccinations.

1. Press TIPS (the yellow key).

Or highlight *Med. Safety Tips* on the Contents menu and then press ENTER.

> MED. SAFETY TIPS
> POISON CONTROL CENTERS
> SAFE MEDICATION USE

2. Highlight a topic (for example, *Poison Control Centers*) and then press ENTER.

To highlight a menu item, press ⬇ or ▽, or type its first few letters.

3. Highlight a subtopic (for example, *Middle Atlantic*) and then press ENTER.

4. Highlight an item (for example, *National Capital Poison Center*) and then press ENTER.

▶ Viewing Complete Menu Items

Some topic and section titles on the Health Overviews and Med. Safety Tips menus, as well as some Index entries, are too long to fit on the menus. To see a complete menu item title, highlight the item and then press ?*.

Reading Health Overviews

You can read health overviews covering topics such as "Coping with Arthritis" and "Handling Familiar Childhood Infections."

5. Use these Quick keys to go a section of the profile:

To go to...	Press...
General	Ⓖ
Prescribed For	Ⓟ
Most Important Fact	Ⓕ
How to Take	Ⓣ
Side Effects	Ⓔ
Do Not Take If	Ⓝ
Special Warnings	Ⓦ
Food and Drug Interactions	Ⓘ
Use in Pregnancy or Breastfeeding	Ⓢ
Dosage	Ⓓ
Overdosage	Ⓞ

6. Press CLEAR when done.

1. Press HEALTH (the green key).

Or highlight _Health Overviews_ on the Contents menu and then press ENTER.

2. Highlight a topic (for example, _Coping with Arthritis_).

To highlight a topic, press ⬇ or ⬆, or type its first few letters.

```
HEALTH OVERVIEWS
COPING WITH ARTHRITIS
OSTECPOROSIS, LOW BACK
```

3. Press ENTER.

4. Highlight a section (for example, _What is Arthritis?_).

```
COPING WITH ARTHRITIS
SOME ARTHRITIS FACTS
WHAT IS ARTHRITIS?
```

5. Press ENTER to go to the heath overview.

▶ **Follow the Arrows**

The flashing arrows at the right of the screen show which arrow keys you can press to scroll through the menus or text.

Reading Medical Safety Tips

Drug profiles provide detailed information about prescriptions, dosage, side effects, drug interactions, and more. Follow this example to learn how to read a drug profile.

5. Use ⬇ or `DN` to scroll down.

To learn more ways to read a drug profile, see "Reading a Drug Profile."

6. Press `CLEAR` when done.

1. Go to the start of the drug profile for *Tylenol*.

To learn how, read "Looking up a Drug."

> General
> Pronounced: TIE-len-all
> Generic name: Acetaminophen

> **If You Misspell a Drug Name**

If you misspell a drug name while typing at the Drugs menu, the spelling correction mode appears.

Type the remainder of the name to the best of your knowledge. Then press `ENTER` to see the corrections.

> CORRECTIONS FOR **TYLENOL**
> WORDS STARTING WITH TY...
> **TYLENOL**▮▮▮▮▮▮▮▮▮▮▮▮▮▮

Then highlight a correction and press `ENTER` to see its drug profile.

> **Try This Shortcut**

To go directly from a drug name on the Drugs menu to its drug profile, hold ☆ and press `ENTER`.

2. Use ⬇ or ⬆ to scroll line by line.

> Generic name: Acetaminophen
> Other brand names: Panadol,
> Aspirin Free Anacin

3. Use `DN` or `UP` to scroll screen by screen.

> Prescribed For
> Tylenol is a fever- and
> pain-reducing medication

4. Hold ☆ and press `DN` or `UP` to go to the next or previous section.

Using the Index

```
National Capital Poison
Center
 3201 New Mexico Ave., N.W.
```

5. Use ⬇ or ⬆ to scroll down.

6. Use `BACK` to back up through the menu.

7. Press `CLEAR` when done.

➤ Where in the Book Are You?

When you're reading a drug pro-
file, health overview, or medical
safety tip, you can view the Out-
line Location of the current text by
pressing `?*`.

```
OUTLINE LOCATION:
 TYLENOL
 GENERAL
```

The Outline Location shows the
menu and submenu items for the
text you were reading.

To see the higher levels of the
Outline, press ⬆. To select an
Outline item, press `ENTER`. To go
back to the text, press `BACK`.

Using the Index, you can look up drugs,
symptoms, diseases, treatments, and
other medical terms and topics, listed
from A to Z.

1. Press `CLEAR`.

**2. Use the arrow keys to high-
light *Index*.**

**3. Start typing an index entry.
For example, type *warts*.**

```
CONTENTS    INDEX    SETUP
WARTS
WEIGHT GAIN,
```

**4. When the entry is high-
lighted, press `ENTER`.**

If there are subentries or a refer-
ence to another drug, highlight
one and then press `ENTER`.

```
Other infection-related skin
diseases include herpes and
warts—both of which are
```

5. Use ⬇ or ⬆ to scroll down.

**6. Press `BACK` to go back to the
Index.**

7. Press `CLEAR` when done.
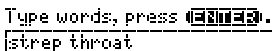
Searching for Words

Word searches let you look up al-
most any word or phrase occurring
in this book.

You can search for up to six words
at a time. But you cannot search for
short, common words such as *the*
and *is*, or for certain common medi-
cal words such as *drug* or *doctor*.

After a word search, only items with
matches appear on the menus.

1. Press SEARCH (the blue key).

**2. Type your search words
   (e.g., *strep throat*).**

> Type words, press ENTER.
> strep throat

You don't need to type capitals or
punctuation. To erase a letter,
press BACK. To move the cursor,
press ⇦ or ⇨.

3. Press ENTER to search.
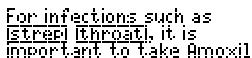
> OUTLINE LOCATION:
> AMOXIL
> SPECIAL WARNINGS

This is the Outline Location of the

11

first match (i.e., occurrence).

4. Press ENTER to see the first match.

> For infections such as
> strep throat, it is
> important to take Amoxil

**5. Hold ☆ and press repeat-
   edly to see the Outline
   Locations of the next matches.**

6. Press ENTER to see a match.

If a cross-reference symbol (XREF)
appears, press ENTER and then the
arrow keys to highlight it. Then press
ENTER to see its cross-reference.

7. Press MENU .

Note: If *Remaining Matches in Index*
appears, you must press MENU to
see the matches in the Index.

> 1&3 CONTENTS 2 INDEX SETUP
> DRUGS
> HEALTH OVERVIEWS

After a word search, only items with
matches are shown on the menus.

**8. Use the arrow keys to high-
   light a menu item and then**

press ⏎.
9. **To clear your search, press SEARCH or CLEAR.**

▶ **If You Misspell a Search Word**

If you enter a misspelled search word, a list of corrections appears.

```
CORRECTIONS FOR RHEUMA...
RHEUMATISM
RHEUMATIC
```

Use ⬇ to highlight a correction and then press ⏎.

▶ **Searching for Parts of Words**

If you want to find prefixes, suffixes, or other parts of words, type an asterisk in place of the missing letters. For example, *meta** and then press ⏎. To type an asterisk, hold CAP and press ?*.

```
MATCHES FOR META*
METAMORPHOSIS
METAMUCIL
```

Then highlight a match and press ⏎ to search for it.

Highlighting Search Words

You can also search for words by highlighting a word in a drug profile, health overview, or medical safety tip. Try this example.

1. **Press TIPS (the yellow key).**
2. **Select *Alcohol-free Products* and then select *Analgesics*.**

   To learn how, read "Reading Medical Safety Tips."

   ```
   Analgesics
   Demerol Syrup
   Halenol Children's Liquid
   ```

3. **Press ⏎ to start the highlight.**

   You can turn off the highlight by pressing BACK.

4. **Use the arrows keys to highlight *Demerol*.**

   ```
   Analgesics
   Demerol Syrup
   Halenol Children's Liquid
   ```

5. **Press ⏎ to search for it.**
6. **Press ⏎ again to see the first match.**
7. **Hold ☆ and press ▽ repeat-**

Looking Up Words in Other Books

edly to see the Outline Locations of the next matches.
8. **Press** MENU **to see the matches on the menus.**
9. **Press** CLEAR **when done.**

▶ **Highlighting Cross-references**

When you search for a drug name (either by entering it at the word search screen or by highlighting it in text), your matches may contain cross-references. Cross-references are indicated by an **XREF**.

To read the cross-reference, first press ENTER to start the highlight. Then use the arrow keys to highlight the **XREF**.

> See **Tylenol|Extra**

Then press ENTER to go to the cross-reference.

> General
> Pronounced: TIE-len-all
> Generic name: Acetaminophen

This BOOKMAN book can look up words in and from certain other BOOKMAN books.

To look up words in or from other books, you must first install at least one book card in your BOOKMAN. In addition, the installed book card(s) must themselves be able to look up words in or from other books. To learn if a book card do this, read its User's Guide.

1. **Highlight a word in this book.**

   To highlight a word in the text, press ENTER and then press the arrow keys. (Read "Highlighting Search Words.")

2. **Hold** ☆ **and press** CARD **.**
3. **Highlight the symbol of another book.**
4. **Press** ENTER **.**

   The word that you highlighted appears in the other book.

5. **Press** ENTER **to look up the word in the other book.**

13

Resetting Your BOOKMAN

If the BOOKMAN keyboard fails to respond, or if its screen performs erratically, first press (CLEAR) and then press (ON/OFF) twice. If nothing happens, follow the steps below.

Warning: Pressing the reset button with more then very light pressure may permanently disable your BOOKMAN. In addition, resetting BOOKMAN erases settings and information entered into its built-in book and in any installed book cards.

1. Hold (CLEAR) and press (ON/OFF).

   If nothing happens, try Step 2.

2. Use a paper clip to *gently* press reset button on BOOKMAN.

This unit may change operating modes due to Electro-static Discharge. Normal operation of this unit can be re-established by pressing the reset key, (ON/OFF), or by removing/replacing batteries.

▶ Troubleshooting Tips

Check that your book cards are installed correctly. Also check that the metal contacts on the book cards are dirt-and-dust-free.

Copyrights, Patents, and Trademarks

14

Limited Warranty (U.S. only)

Index

Index

Index

Franklin®
Electronic Publishers